



# NYC Lifestyle

April 12, 2024

## City Lights

After sunset, New York City lights up in a vibrant color. This week's NYC Lifestyle features colorful after-dark events that will brighten your evenings.

### The Field of Light

Now open in Murray Hill along the East River, [Field of Light](#) features 18,000 fiber-optic sphere lights spread across six-acres of winding walkways. The experience is open Thursdays through Sundays with free admission, but tickets are required.

### Blacklight Yoga

The Tribeca-based hot yoga studio [YogaSpark](#) offers blacklight-illuminated classes set to vibrant music every day of the week. Studios are heated to 95 degrees so be sure to bring a towel and plenty of water.

### Treetop Climbing Adventure

Long Island's Adventure Park offers a [nighttime treetop climbing course](#) lit by colorful LED lights. The course features zip lines, ladders, and ropes for all ages to enjoy. Available on Saturdays in May and June, tickets start at \$61 for children and adults.

### The Panorama Room

Experience breathtaking views of Manhattan, Long Island City, and Brooklyn skylines from [the rooftop bar](#) of the Graduate Hotel on Roosevelt Island. Panoramic windows and outdoor balcony seating are complemented by an impressive cocktail menu.



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### A Sunset Light Show

MoMA PS1 in Long Island City presents James Turrell's [Meeting](#), a free exhibition that invites viewers to gaze up at the color of the sunset through an uncovered skylight. Its 20-minute lighting program is synchronized to end at sundown when it occurs during regular museum hours.

### Stargazing on the Hudson

[Astronomy Night](#) at The Intrepid Museum returns on April 26. Located near Pier 86 in Hell's Kitchen, the permanently docked aircraft carrier-turned-museum will host local astronomers to help visitors navigate the night sky with high-powered telescopes. Kids can also join "build-your-own" lunar lander workshops.

### Dine in the Dark

Throughout April, restaurants across Brooklyn and Manhattan will host [Dining In The Dark](#) events. Diners select a vegan, seafood, or meat-focused menu before tying their blindfolds and enjoying a three-course mystery meal.

### Immersive Gamebox

Step into the future at [Immersive Gamebox](#), a new augmented reality experience on the Lower East Side. Guests can play 3D-projected video games, massive touchscreen competitions, and curated experiences inspired by Black Mirror, Squid Game, Ghostbusters, and Paw Patrol.